



IN-HOUSE EXCURSIONS

NATURE WALK

Walk along the hotel's trails, and discover the fascinating yet fragile ecosystem of the Machu Picchu cloud forest, and learn about its many indigenous plants and animals. The Nature Walk offers guests a glimpse of cloud forest flora: ferns, bromeliads and orchids and fauna—an interesting variety of birds; as well as an introduction to the Vilcanota river system, the Observatory, the tea garden and house.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** I

SCHEDULE: Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Tea, Birds, Medicinal Plants, Butterflies and Insects

RECOMMENDED FOR CHILDREN

TWILIGHT WALK

This early evening walk is designed to connect on a spiritual level with the environment and the historical energy of the Machu Picchu area. With special attention placed on nature's core elements like an enchanting waterfall, also sacred pre-Inca pictographs, and then the walk pauses at the Rocotal Observatory.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** II

SCHEDULE: Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Medicinal Plants, Astronomy

ORCHID TRAIL

Walk through the orchid garden to observe some of the hotel's 372 different native orchid species in their natural habitat, a world record according to the American Orchid Society. Discover this extraordinary plant family, which has captured the human imagination for centuries. From the largest orchid flower in the world – the *Phragmipedium caudatum*, to tiny flowering specimens properly appreciated only through a magnifying glass, there are orchids to amaze both the newly inquisitive and the expert, including species new to science which have been discovered on the hotel grounds.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** I

SCHEDULE: Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Orchids and Photos

BIRDS

Walk early in the morning to take advantage of the optimum time for cloud-forest bird watching. Begin at a river observatory, with the possibility of sighting the sought-after torrent duck and the white-capped dipper. Then proceed to a productive tanager feeding area, where silver-beaked, blue-necked, fawn-breasted and saffron-crowned tanagers can be found. Along the hotel's pathways, be on the lookout for the cock-of-the-rock, the golden-headed quetzal and many of the 18 different hummingbirds identified on the grounds, including the booted racket-tail and the green-and-white hummingbirds, which are native to the area.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** I

SCHEDULE: Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Birds and Photos.

SPECTACLED BEAR RESCUE PROJECT

Once common throughout the Andes, the spectacled bear is now critically endangered. The Inka Terra Association (ITA) and the Peruvian National Institute of Natural Resources (INRENA) manage the Inkaterra Machu Picchu Spectacled Bear Project, an effort designed to recover bears that have been negatively affected by human impact, and reintroduce them into their natural habitat. Gain insight into the fascinating world of these large mammals (the only bear species in South America), and learn about the challenges they face to survive in today's world.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** I

SCHEDULE: Morning • **FREQUENCY:** Daily

ATTRACTIONS: Photos and Spectacled Bear

VOLUNTARY CONTRIBUTION

RECOMMENDED FOR CHILDREN



- < BUTTERFLIES
- < ORCHIDS
- < WALKS
- < OBSERVATORIES AND CONTEMPLATION POINT
- < BIRDS
- < SPECTACLED BEAR
- < TEA
- < ASTRONOMY
- < INSECTS
- < MEDICINAL PLANTS
- < WATERFALL
- < PRE-INCA PICTOGRAPHS

WALKS

- NATURE WALK
- ORCHIDS
- TWILIGHT WALK

TEA

Visit our organic tea plantation (*Camellia sinensis*) and artisanal Tea House where you'll discover the wonders of the traditional tea making process. Take part as the freshly picked leaves are pressed over wooden blocks and then you may seal your own tea bag. At the end of this experience you may delight yourself with our homemade tea at the lobby.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** I • **SCHEDULE:** Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Tea, Medicinal Plants and Photos

RECOMMENDED FOR CHILDREN

SPECIALIZED WALK

Our resident biologist will guide you in a three-hour walk along the hotel's Orchid and Bird's Trails. Watch a diversity of birds that make of our property their home, and discover an amazing variety of orchids that enchants with their beauty and amazing shapes, while getting personalized tour through the hotel and a detailed description of its natural highlights.

DURATION: ¼ Day • **DIFFICULTY LEVEL:** II • **SCHEDULE:** Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Birds or Orchids and Photos

NATIVE FARM

Visit our crop-rich Native Farm or Chacra at km. 108, 30-minute walk from the hotel where you may explore the flora and fauna of the area, and learn about the various plantations, its origin, properties and uses. After learning about beekeeping and honey extraction at our bee farm, end this native experience by tasting our in-house crops.

DURATION: ½ Day • **DIFFICULTY LEVEL:** I • **SCHEDULE:** Morning and Afternoon • **FREQUENCY:** Daily

ATTRACTIONS: Birds, Medicinal Plants, Native Skills, Photo and Insects

RECOMMENDED FOR CHILDREN



INKATERRA OFFICE
ANDUQUE 17A (B.O. 15 - 1990)
T: +51 1 606 5067
F: +51 1 472 4701
central@inkaterra.com

USCO OFFICE
TRAFALGAR SQUARE 14A 107, SICHUEN 1000P
T: +1 84 24 5114
F: +1 84 24 4002

WWW.INKATERRA.COM



SUGGESTED EXCURSIONS

■ ONE DAY INCA TRAIL

Walk the Inca trail on this one-day trip, visiting the important Inca archaeological remains of *Witay Wayna* and capturing your first view of Machu Picchu from *Inti Punku*, the Sun Gate. Leave the hotel early to reach the Inca Trail before other campers arrive. The steady climb along the Inca trail allows you to experience and observe diverse mountain habitats, archaeological sites and a beautiful waterfall. After reaching the Sun Gate and taking the time there to appreciate Machu Picchu lying below, enjoy a fully guided tour of the citadel, including *Intiwatana* (the Sun Dial) and the Sacred Plaza. Afterwards, lunch followed by a 30-minute bus ride back to the Machu Picchu village and the Hotel.

DURATION 1 Day - **DIFFICULTY LEVEL** III
SCHEDULE Morning - **FREQUENCY** Daily
ATTRACTIONS Orchids, Medicinal Plants, Archaeological Sites, Market, Photos and Quechua

■ MACHU PICCHU

Take a 30-minute bus transfer to the Historical Reserve of Machu Picchu. Your expert guide will lead a tour of the Reserve, providing geological and historical information on key areas of interest, including *Intiwatana* (the Sun Dial), the Sacred Plaza and the Temple of the Sun. This is an opportunity to revel in the energy and atmosphere of one of the most significant and spectacular archaeological sites on the planet, surrounded by snow-capped peaks, *Wayna Picchu* and *Inti Punku* (the Sun Gate), the entrance to the Machu Picchu Inca trail.

DURATION ½ Day - **DIFFICULTY LEVEL** II
SCHEDULE Morning and Afternoon - **FREQUENCY** Daily
ATTRACTIONS Orchids, Archaeological Sites, Market, Quechua and Photos

RECOMMENDED FOR CHILDREN

■ MACHU PICCHU AND WAYNA PICCHU

Visit the historical citadel of Machu Picchu with a private guide, followed by an hour-trek up *Wayna Picchu*. The steep trail, overlooking Machu Picchu, clings to the side of the mountain, leading the adventurous traveler to a remote corner of this archaeological site. In addition to a magnificent bird's-eye view of Machu Picchu, the summit also offers a perfect vantage from which to take in the Vilcanota River, the mountain of *Putukusi* and the distant snow-capped Andean peaks.

DURATION 1 Day - **DIFFICULTY LEVEL** III
SCHEDULE Morning - **FREQUENCY** Daily
ATTRACTIONS Orchids, Market, Archaeological Sites, Quechua and Photos

■ MANDOR

A two-hour walk along the Vilcanota River follows the railroad tracks into the Mandor Valley, inhabited by varied and fascinating birdlife, including cock-of-the-rock, speckle-faced parrots and green jays. Relax and bathe under a secluded waterfall, before walking back to the hotel in the shadow of Machu Picchu.

DURATION ½ Day - **DIFFICULTY LEVEL** II
SCHEDULE Morning and Afternoon - **FREQUENCY** Daily
ATTRACTIONS Birds, Orchids, Insects and Photos

■ APU MACHU PICCHU

Hike the Machu Picchu Mountain for two-and-a-half hours from the archaeological site, and reach the summit of *Apu Machu Picchu*. This trail, accessed from the Reserve, joins parts of the Inca trail leading to the Sun Gate before climbing to the mountain's highest point. From there, enjoy the view of soaring eagles as well as Machu Picchu, other significant ruins in the area, *Putukusi*, *Wayna Picchu*, *Salkantay* mountain and the Vilcanota River.

DURATION 1 Day - **DIFFICULTY LEVEL** III
SCHEDULE Morning - **FREQUENCY** Daily
ATTRACTIONS Orchids, Market, Archaeological Sites, Quechua and Photos

■ PUTUKUSI

Hike up an exhilarating mountain that culminates in a spectacular view of the Machu Picchu citadel from the far side of the Vilcanota valley. On ascent appreciate the stark contrast between the mountain cloud forest and the elfin forest, as well as the interesting variation in trees, orchids and birds. Considered among the faster non professional ascent in the world.

DURATION ½ Day - **DIFFICULTY LEVEL** III
SCHEDULE Morning and Afternoon - **FREQUENCY** Daily
ATTRACTIONS Birds, Butterflies, Orchids, Archaeological Sites, Market and Photos

■ MUSEUM - MARKET

Visit the open-air market at Machu Picchu village (Agua Calientes), filled with displays of local Andean curios and clothing, then make the 30-minute walk to the archaeological site bridge and the Manuel Chavez Ballón Museum, home to excellent displays, maps and artifacts related to the archaeological site.

DURATION ½ Day - **DIFFICULTY LEVEL** I
SCHEDULE Morning and Afternoon - **FREQUENCY** Daily
ATTRACTIONS Market and Photos
RECOMMENDED FOR CHILDREN



ATTRACTIONS

- < BUTTERFLIES
- < ARCHAEOLOGICAL SITES
- < BIRDS
- < PHOTOS
- < MEDICINAL PLANTS
- < INSECTS
- < MARKET
- < QUECHUA
- < ORCHIDS

WEATHER

Jan	Feb	Mar	Apr
18°/6° c 65°/43° F	18°/6° c 65°/43° F	19°/6° c 66°/43° F	19°/5° c 67°/41° F
May	Jun	Jul	Aug
19°/2° c 67°/36° F	19°/2° c 66°/32° F	19°/2° c 66°/32° F	19°/2° c 67°/35° F
Sep	Oct	Nov	Dec
20°/4° c 68°/39° F	21°/5° c 69°/41° F	21°/6° c 69°/42° F	21°/6° c 69°/43° F

ALTITUDE

